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## **Post Operative Instructions After Crown/Bridge Prep, Veneer's, & Inlay/Onlay's**

### **Temporary Crown/Bridge:**

1. Following the first appointment for a crown or bridge procedure, a temporary crown/bridge will be placed on the tooth or teeth involved. This will protect them while the permanent restoration is being made.
2. A universal shade will be used to create the temporary that serves as a cosmetic and protective function. Your final restoration will be shaped and shaded better than the temporary to match your other teeth in both color and function.
3. The use of temporary cement is for easy removal on your next appointment. If your temporary comes off/breaks between appointments, call us for a quick appointment to have it put back on. To help ensure that the temporary does not come off, avoid sticky and hard/crunchy foods.
4. After the anesthetic wears off, if you feel the bite is not correctly balanced be sure to call our office immediately for a simple adjustment of your temporary.
5. Proper care of the temporary includes brushing as normal and flossing (pull the floss out to the side instead of popping it upward as this can dislodge the crown)

### **Permanent Crown/Bridge:**

1. Many crowns fit below the gum line, therefore you may experience some discomfort for a few days due to the irritation of that area during the procedure. The discomfort should improve in a day or two. Rinsing with warm salt water 2-3 times/day will help the gums heal more quickly.
2. Sensitivity to cold or pressure is also possible. Sensitivity to hot/cold lasting a couple seconds is normal after dental treatment.
3. Proper care of your new crown/bridge includes brushing twice/day and flossing before bed (if your new restoration is a bridge, we will send you home with floss threaders to floss under your bridge which should be done daily)